



Have a remote team? Our experiential programs and workshops bring more human interaction to virtual work. Gather your remote employees together virtually to:

\*Build connections

\*Improve communication

· Collaborate on issues

\* Stay Connected

Check out our range of videoconference-based engagement programs and workshops.



#### **NETWORKING EVENTS**

# VIRTUAL

Have your remote team get to know each other with our engaging networking activities.

- Virtual Trivia Night
- Puzzlemaster Challenge
- The Virtual Illustrated Interview
- Q&A Roulette
- This is (Virtual) Jeopardy
- And more!



# **TEAM BUILDING EVENTS**

#### **VIRTUAL**

These True North Team Building activities are perfect for remote teams. It can be one session or multiple sessions, depending upon your objectives. Great for individuals working from home offices, or for teams working at offices located around the country or the world.

- Remote Scavenger Hunt
- Virtual Storytelling Workshop
- @Home Office Chain Reaction
- · Digital: Analogue
- "Big Picture" Challenge And More!

<u>Virtual Everything DiSC® Workshops</u> We offer a wide range of Everything DiSC® virtual sessions. Each workshop begins with a personal online assessment and has a dynamic presentation customizable to your group. We incorporate experiential activities into each module, to bring the learning to life. Participants walk away with a deeper understanding of their personalized profile and a memorable experience that inspires lasting behavior change. Post-program tools for the workshops include: COMPARISON REPORTS - TEAM VIEW REPORTS - GROUP CULTURE REPORT.

The Remote Learning Everything DiSC® Workshops we offer:

Workplace Management Sales Work of Leaders 363 for Leaders

## We also offer:

Agile EQ® Participants learn to navigate outside their comfort zone, empowering them to meet the demands of any situation. The result is an emotionally intelligent workforce that can support your thriving agile work culture.

<u>Five Behaviors of a Cohesive Team®</u> In this unique learning experience teams create/build an effective work culture using the Five Behaviors Model: Trust, Conflict, Commitment, Accountability, and Results.

<u>Productive Conflict:</u> Rather than avoid conflict and leave it unresolved, participants learn about how to make the most out of challenging situations by learning how to effectively respond to the uncomfortable and sometimes unavoidable challenges of workplace conflict.

Want to simply buy Everything DiSC ® assessments? <u>Click Here</u> or contact us – details below.

<u>GRPI Workshop:</u> Goals, Roles, Processes and Interpersonal Relationships - This popular productivity model is a great tool for refocusing teams. Intact or new teams discuss and structure a project into an action plan. The workshop skillfully combines the attributes of high performing teams with the model of GRPI in a highly interactive, compelling and productive session.

<u>Social Style Workshop:</u> The Social Style assessment tool is beneficial for improving workplace effectiveness. Topics such as versatility, ability to influence, managing conflict, taking initiative and leading a team are covered.

<u>Leadership Skills Workshop:</u> Improving leadership skills is one of the best business investments a company can make. This workshop will help create a work environment that thrives on open communication, mutual respect, and trust. Participants will develop new skills for becoming effective and motivating managers and leaders.

<u>Influencing Skills Workshop:</u> Our workshop focuses on understanding one's own influencing/communication style + how to leverage it effectively. We provide a general influencing framework and discuss ways to improve influencing skills. And, as with all True North workshops, there will be experiential activities to re-enforce the learning.

Mindfulness in the Workplace: Learn how to connect better, to yourself, and to others; discover your core values; design an environment for wellness and mindfulness; establish a daily routine so mindfulness becomes the center of your life and health, We will cover: Introduction to Emotional Intelligence, being present, self-awareness, empathy, motivation, transformation and a sense of community. We will also discuss practices for developing healthy wellness habits to accelerate well-being—e.g. journaling, meditation, digital detox, getting into nature, exercise and more.

# The Benefits of Working with Us

#### Planning

We have a diverse range of skills and solid experience in experiential learning, event planning and learning & development

## **Facilitators**

Our facilitators are leaders in their respective fields with extensive experience developing teams

#### **Programs**

Are highly relevant to today's workplace

## **Delivery**

Is engaging, highly motivating, lively and inclusive

### Execution

Is seamless!

# Give Us a Shout Today

True North Team Building, LLC
P: 1.203.730.0606
OurTeam@truenorthteambuilding.com
truenorthteambuilding.com